



5 STEPS FROM CONDITIONING TO POLISHING



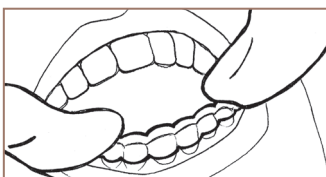
1. CONDITION THE TEETH

Dry and etch teeth.



2. FILL TRANSFER FILMS

Remove the transfer film with the **pre-filled composite resin** and fill additional composite material.



3. INSERT

Insert and press the transfer film. Make sure that as little excess resin as possible is formed.



4. LIGHT-CURING

In this step, focus on each attachment and allow curing time of 5 to 30 seconds (can vary depending on the manufacturer).



5. REMOVE

Remove the film and any excess resin.